

Dermatologist Kodimoole Prasanna is the director of an internationally acknowledged Institute of Applied Dermatology, the centre of excellence for the morbidity management and disability prevention of Lymphatic Filariasis and other lymphoedemas in resource-poor primary health care and challenging setting.

When India experienced an epidemic of HIV/AIDS, she voluntarily treated tens and hundreds of commercial sex workers free in the Institute of Applied Dermatology. During that time she wrote a weekly column in Kannada newspaper Vijayakarnataka to educate the general public. She has written a book on skin diseases in Kannada and Malayalam.

Blog:

Value of our 20 years journey: https://iadorg.blogspot.com/2020/07/our-journey_27.html

Education: Dr Prasanna studied MBBS (1991) at Karnataka University and DVD (1997) at Mangalore University.

Her research interest: Trichology and Female genital diseases

Current Research Project: Establishing a trichology lab to support developing integrative medicine treatment protocols

List of publications:

International Publications:

1. Narahari, S. R., Ryan, T. J., Bose, K. S., Prasanna, K. S. and Aggithaya, G. M., Integrating modern dermatology and Ayurveda in the treatment of vitiligo and lymphedema in India. International Journal of Dermatology, 2011;50: 310–334
2. Narahari SR, Aggithaya GM, Prasanna KS, Bose KS An Integrative Treatment for Lower Limb Lymphoedema (Elephantiasis)(photoessay). J Alter Compl Med 2010; 16:145-9.
3. Bose KS, Narahari SR, Aggithaya GM, Vivekananda K, Neethu KJ, Prasanna KS. Ayurveda, yoga and self-care in patient-led support groups. The third national seminar on evidence-based and integrated medicine for lymphatic filariasis, other chronic dermatoses and HIV/AIDS. Journal of Lymphoedema 2008; 3(2) supplement.
4. Narahari S.R, Ryan TJ, Aggithaya GM, Bose KS, Prasanna KS. Evidence-based approaches for Ayurvedic traditional herbal formulations: Toward an Ayurvedic CONSORT model. Journal of Alternative and complementary medicine 2008;14: 769–776.

5. Narahari SR, Ryan TJ, Mahadevan PE, Bose KS, Prasanna KS. Integrated management of filarial lymphodema for rural communities. *Lymphology* 2007;40: 3-13.

Indian Journals

6. Narahari SR, Prasanna KS. Nurture Indian dermatology innovations as maximum, machine-minimum research. *Indian J Dermatol Venereol Leprol* 2017;83:684-6.
7. Narahari SR, Prasanna KS, Aggithaya MG, Bose, KS, Praseeda TR. Dermatology life quality index does not reflect quality of life status of Indian vitiligo patients. *Indian J Dermatol* 2016;61:99-100.
8. Narahari SR, Prasanna KS, Aggithaya MG, Bose KS, Praseeda TR. Author's Reply. *Indian J Dermatol* 2016; 61:335-6.
9. Mithra PP, Pradeepa NP, Bose KS, Prasanna KS, Aggithaya G, Narahari SR. Awareness about Community Diagnosis among Health Care Professionals in South India: A Cross-Sectional Study, *Indian Journal of Public Health Research and Development* 2014; 5: 99-103
10. Narahari SR, Prasanna KS, Sushma KV. Evidence based integrative dermatology. *Indian J Dermatol* 2013;58:127- 31.
11. Narahari SR, Bose KS, Prasanna KS. Self help & low cost, integrated treatment of Lymphatic Filariasis for rural communities (Meeting report). *Current Science* 2007; 92:1665-67.
12. Narahari SR and Prasanna KS. Role of local NGOs in slowing the spread of HIV in Kasaragod (1991-96). *Indian journal of dermatology, venereology, leprosy* 1999; 65:212-213.
13. Narahari S R and Prasanna KS. A methodology for applied medical research, the national medical journal of India (letter), 1999;12: 88
14. Narahari S Rand Prasanna KS. A methodology for clinical evaluation of existing practice, using traditional herbal medicinal formulations. *Current Science*, 1999; 76:467 – 68.

Chapters in books:

15. Narahari SR and Prasanna KS. Compression Therapy Using Low Cost Materials for Managing Different Grades of Lymphoedema in India. In: *Compression and Chronic*

Wound Management Mani R and Shukla V (Eds). 2019 DOI: 10.1007/978-3-030-01195-6_9

16. Narahari SR, Aggithaya MG, Prasanna KS and Bose KS. Evidence toward Integrated Management of Vitiligo, Combining Ayurveda and Homeopathy with Modern Dermatology. In Gupta S, Parsad D, Olsson MJ, Lim HM, Pandya A, Geel N, editors. Vitiligo: Medical and Surgical Management. Wiley and Wiley 2018: 159-170.
17. Narahari SR and Prasanna KS. Lymphatic Disorders, in Atlas of Dermatology by Indian Association of Dermatologists, Venereologists and Leprologists 2016
18. Narahari SR, Daulatabad D, Prasanna KS. Parasitic and Protozoal Diseases; Human Helminthic Infections (Nematodes, Cestodes, and Trematodes). In A Comprehensive Approach to Dermatologic Infectious Diseases. Eds. Singhal A, Grover C, Jaypee Brothers Medical Publishers India. 2015: 311-352.

Papers in CME publications

- Narahari SR and Prasanna KS. Lymphatic Filariasis, Health Action, Lepa India

Community dermatology projects:

- HIV/AIDS awareness programme in the community of Kasaragod under targeted intervention programme of the Government of Kerala/NACO from 1998-2016. He guided health education, counselling and medical camps through peer educators and volunteers within the framework of guidelines issued by Kerala State AIDS Control Society

Awards:

- Felicitation by former Chief Justice of India Sri M N Venkatachallayya in a function organized by Smt. M.K. Jayamma & Sri BSR Sastry Trust, JP Nagar, Bangalore on the 21st October 2018

Collaborations:

At the moment, IAD is collaborating with institutions and universities to enhance the evidence, application and impact of integrated medicine in dermatology. Institutions are

1. Nottingham Trent University, UK (discussing, inspection completed on 2020 10th March)
2. Directorate of Health Services, Government of Kerala

3. Department of Pathology and dermatology, JSS Academy of Higher Education and Research, Mysore (a deemed to be University)
4. Centre for Cloud Computing and Big Data, PES University, Bangalore
5. The Pharmaceutical Corporation (IM) Kerala Ltd, a public sector undertaking of Government of Kerala
6. International Lymphoedema Framework, London

National Colloquiums on evidence-based integrated medicine:

She was the part of the organizing committee of ten national colloquia on the subject focussed on lymphoedema. It is the only such platform in India that achieves the conglobation of doctors, scientist, therapists, patients and bureaucrats and policymakers. These colloquiums have no registration fees, and food is provided free.

The 11th colloquium is scheduled for 2022 October along with the 11th International Lymphoedema Framework Conference at Kasaragod, Kerala

Areas of interest:

- She engages with the review of employee performances in the organization
- She guides the communication and digital space expansion programme of IAD

Conferences attended with invited lectures: Available on request

Personal: She studied MBBS from Jawaharlal Nehru medical college Belgaum, and post-graduation in dermatology at Father Muller's Medical college under Late Prof JN Shetty. She is born on the 26th November 1969 and married to dermatologist Dr SR Narahari. Their older son is currently studying a postgraduate degree course in internal medicine, and the younger son is a medical student. Dr Narahari and Dr Prasanna don't receive any financial benefit for their services in IAD. They run a popular private consultation clinic at Kasaragod, Kerala