



**Dr. S.R. Narahari**, Director  
M.D., DVD, Consultant Dermatologist (Modern Medicine)

“Efficacious treatments of IAD are the result of every staff member working diligently to meet your needs. Everyone in IAD contributes in this team work to provide you the best global care possible”

### DIRECTIONS:

**The treatment centre is situated:**

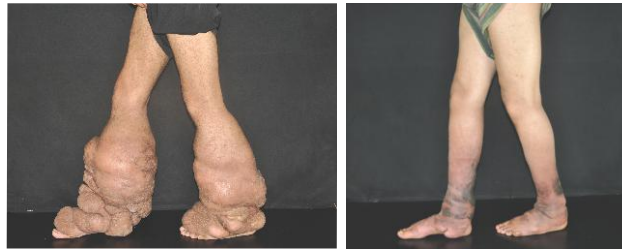
- 5 Km from Kasaragod New Bus Station
- 8 Km from Kasaragod Railway station
- 110 Km from Kannur via road
- 90 Km from Kannur by train
- 65 Km from Mangalore Airport
- 1 hour & 15 minutes from Mangalore Bus Station
- 53 Km from Mangalore Central Railway Station
- 54 Km from Mangalore Junction Railway Station.



Once at Kasaragod new bus stand (station), please locate the terminal for Madhur. In case you disembark at Kerala State Road Transport Corporation (KSRTC) bus stand (Government owned bus station), take an auto Rickshaw to the new bus stand and then the bus to Madhur Temple. All buses going to the Madhur temple pass through Uliyathadka. Purchase a ticket to Uliyathadka - IAD Junction. The public transport bus takes a longer route through Kasaragod town and then the road to Madhur. Hence, it will take just over 30 minutes to reach IAD.

When I came here, I got to know what the procedure was, how the treatment was done. So, right now I am comfortable, having lost around 18 k.g. The treatment is very good. I feel happy being normal now.

**Nikhil Nagawanshi**  
Mumbai



07-08-2017 22-05-2018  
Changes in lymphedematous limb after 9 months of integrative treatment

The treatment here is very good. There's no other place in India providing treatment for filariasis. I had tried other places but nowhere could I get proper treatment. I am very satisfied. I will send people suffering from filariasis in my area to IAD.

**Dinesh Kumar Yadav, Bihar**

### CONTACT

**Appointments, inquiries on treatment and any other queries:**

04994-240862, 240863 ☎  
09895588735 📞

**Pharmacy Related Enquiries and Medicine Orders:**

09446449920 📞

**For Volunteering Enquiries and Contributions:**

08137022233 📞

**Attention:** Always send WhatsApp messages or e-mails for follow up inquiries with the Patient ID. This will help us retrieve your previous treatment details easily and reply promptly. IAD is not responsible for answers received from other phone numbers not mentioned here. People speaking, using other phone numbers may give their personal opinions, not necessarily combined integrated team's response to your queries.



**Institute of Applied Dermatology**  
Effective Care through Integrative Medicine

We do not have any branches anywhere



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Never fear filariasis  
nor lymphoedema  
Whatever the cause,  
we care for you



### Prof. Peter Mortimer

Professor of Dermatology and Lymphovascular Medicine, St. George's, University of London, United Kingdom

“ IAD has a very good research programme, looking into lymphoedema. We are very keen to maintain and improve good relations with IAD, both in terms of research and encouraging them to develop their treatment programmes through a wider context throughout India.”

## IMPORTANT INFORMATION

IAD is, exclusively, a day care centre. Night admission facility is not available for patients who need long term Lymphoedema treatment. Hence you are advised to stay in a suitable lodge/hotel in Kasaragod town (easier to get accommodation in Kasaragod than in Uliyathadka) during the treatment period. However, it is important that you book rooms in advance (contact hotels directly). Keep our reception informed about your hotel booking.

IAD also has an accommodation facility called "Chatra" for the patients. It is a shared flat with 3 rooms, a common toilet and a kitchen. Each room is allotted separately. Please call the Front Desk for booking and enquiries about this facility.

Patients are given a free pick up from their hotels in the morning. Upon admission for treatment, please discuss with the treatment coordinator or receptionist to avail this service. There are plenty of city buses plying from IAD to Kasaragod Bus Station. You will be able to travel sitting as buses' starting point is near IAD. Most hotels are located near the bus station. Therefore, drop back to hotel rooms are not offered generally. Our reception is ready to offer you assistance in this regard.

There is no canteen facility at IAD. However, there are small restaurants nearby. Hotels in Kasaragod town are known for their local food with fish curry.

Restaurants, attached to Century Park, Udipi Arya Bhavan, on NH 66, and Vasanth Vihar at MG road, near traffic signal light, Adithya Restaurant, near Old Bus Stand, are recommended for vegetarians. All are located within one KM distance from the bus station. Convenient and quick auto rickshaw service is available.

**We don't have clinic/hospital associations or branches anywhere in India**

## WHERE TO STAY?

### ULIYATHADKA

#### IAD CHATRA

Near IAD, Uliyathadka, Kasaragod.

#### CENTURY PARK QUARTERS

Behind IAD, Uliyathadka, Kasaragod.  
Phone: 08281495434, 09746890811

#### AM LAND

Opposite IAD, Uliyathadka, Kasaragod  
Phone: 09846247150

### KASARAGOD

#### HOTEL CENTURY PARK

Near New Bus stand, Kasaragod.  
Phone: 04994-226111/220588, 09633880729

#### EMIRATES REGENCY

Opp. Head Post Office, Old Bus Stand, Kasaragod  
Phone: 08129463298

#### DEIRA CITY RESIDENCY

Old Bus Stand, Kasaragod.  
Phone: 04994 224552/220923/230854

#### SPEEDWAY INN

Near New Bus Stand, Kasaragod  
Phone: 04994-222666

#### HOTEL CITY TOWER

M.G. Road, Near New Bus Stand, Kasaragod  
Phone: 04994-230562

#### MALI CENTRE

NH 66, Ashwininagar, Kasaragod.  
Phone: 09447347211, 04994 222054, 09746540444

### TAXI SERVICE

Nagesh : +91 98952 72528, +91 81470 50515

### AUTO RIKSHAWS

Rasheed : +91 96337 55061  
Padmanabha : +91 89438 35454  
Haris Ahammed : +91 99958 25680  
Ganesh : +91 99959 44980

**Disclaimer:** This is for informational purposes because most patients are happy with their services. IAD does not have any association with any of these service providers and will not be responsible for any kind of inconvenience caused.



01-09-2014

09-05-2016

The changes in Vitiligo lesions after 20 months of integrative treatment

## MEDICINE COURIER SERVICE

Courier Service for Ayurveda, Allopathy and Homoeopathy medicines are available at our Integrative Pharmacy Store. Medicines required for treatment, after the first consultation, will be sent through courier, if you need their supply. If there is any requirement of medicines, please call *Pharmacy Assistant* on 09446449920 and order the required medicine. The estimated cost of medicines, courier charges and the mode of parcel service will be communicated during the placement of order. Kindly inform us once you deposit the amount in the bank account. As per policy, medicines will be dispatched only after the confirmation of payment. Generally, courier services take about a week to deliver your parcel within India. Kindly give your correct address and a mobile number which is always switched on while ordering medicine to facilitate the speedy delivery. Our Bank Details for transferring medicine charges are as follows:

Account Holder	: Institute of Applied Dermatology
Name of the Bank	: Axis Bank Ltd
Branch	: Kasaragod
Account No.	: 912010030897651
RTGS/IFSC Code	: UTIB0000601

## TEAM IAD

